



Patrice Mitchell

COMMUNICATIONS PROFESSIONAL

Freelance Journalist– Podcaster

Public Speaker– Blogger

ABOUT PATRICE

Patrice is an experienced communications professional with a background in both traditional and independent media. Well versed in the processes both in front and being the camera or microphone, she has worked in broadcast, print and digital media. After working in many roles including producer, reporter, anchor, and content manager at an award winning NBC Television affiliate in West Virginia, Patrice began her “Patrice of Mind: News, Mental Health, and Lifestyle” communications brand to further her reach and outreach across multiple platforms.



CONTACT

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Based in Tacoma, WA

AVAILABLE FOR:

Public speaking events and seminars

Hosting and MC duties

Roundtable discussions and opinion panels

Commissioned articles and essays

Product and content reviews

Social media and content collaborations

Patrice of Mind is a platform dedicated to the empowerment of women thriving with a focus on mental wellness, and how content and media consumption impacts mental health.



Nearly **5,000** friends and followers across multiple social media platforms.